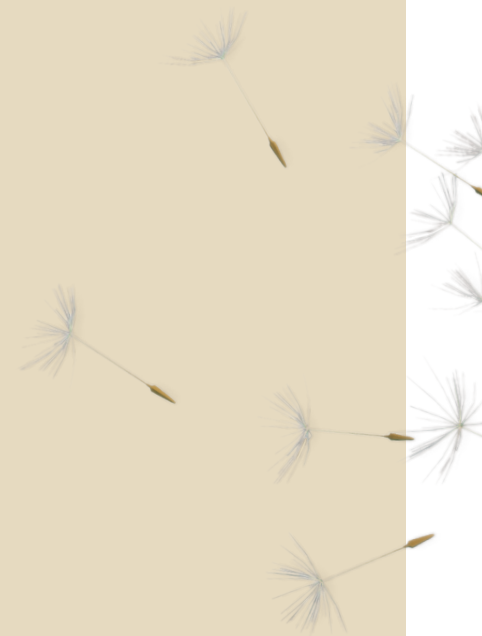



JOALI BEING

-BODUFUSHI-



A woman in a black leotard and pink tutu is captured in mid-air, jumping on a beach. She is holding a long, flowing pink fabric that trails behind her, extending across the sky. The background shows the ocean with waves crashing onto the shore under a clear sky. The overall mood is joyful and carefree.

*there is joy in
weightlessness*

- OUR STORY -

THE FIRST AND ONLY NATURE IMMERSIVE
WELLBEING ISLAND RETREAT IN THE
MALDIVES



There was magic and adventure, of course – but also truth, love and a sense of community. This was a story I wanted to be part of..

Join us as we write a brand-new tale together, one where integrity and passion illuminate each word, chapter and verse. At JOALI BEING, wellbeing is so much more than a catchphrase – it is a way of being. We believe in savouring the joy of here and now. In setting our intention and nurturing with empathy. In co-creating moments of wonder and transcendence.

As we lead the way in wellbeing education, we are building a community of **sojourners, culinarians and thinkers**. Our story also celebrates the wisdom of nature – from the turning of the seasons, to the five elements, six tastes and seven dhatus. We receive the gifts of land and sea with love and respect. Our culinary indulgences promise **Earth-to-table** traceability, offering fresh, locally-harvested foods that support small farmers and preserve the environment.

- OUR PHILOSOPHY -

*I was more myself there, than anywhere else.
I was filled with intention and imagination. I was whole.*

JOALI BEING is the beginning of a transformative wellbeing journey. We invite seekers to reconnect with themselves, and with the timeless wisdom of the sea, the sand, the sun and the stars. On our nature-immersive retreat, you will feel the embrace of pure luxury as you traverse beyond boundaries and experience true weightlessness – a sense of lightness, freedom and joy.

Centred around the four pillars of wellbeing **Mind, Gut, Skin and Energy**, our offerings draw on modern science and time-honoured traditions alike. We meet guests where they are, and guide them on a journey of self-discovery and renewal. From exhilarating adventures and soulful relaxation to customised nutrition, we curate wellbeing programmes tailored to individual lifestyles and goals. A dedicated expert team of naturopaths, therapists and movement experts will work with you at every step, during your stay. At JOALI BEING, we promise to do our best, so that you return home feeling renewed, uplifted and inspired.

THE FOUR PILLARS OF WELLBEING

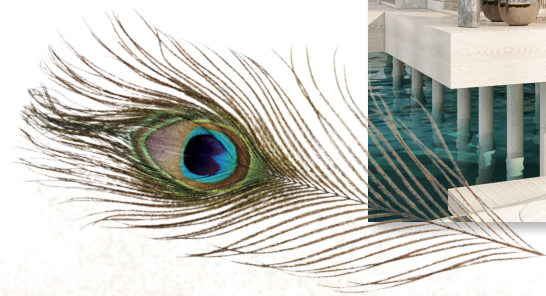


Immunity, Immersive, Radiance

Learning to live a weightless life through ongoing education in this ever changing world we all live in

JOALI BEING

-BODUFUSHI-



- OUR DESTINATION -

*As the seaplane descended towards the isle, my heart lifted.
The sheer beauty took my breath away. I had arrived.*

Opening in late 2021 on the secluded island of Bodufushi in Raa Atoll, JOALI BEING is nestled amid crystalline lagoons, pristine beaches and a lush landscape of coconut palms. With 68 spectacular private villas, we are the region's first and only integrated wellbeing island retreat. Our enchanted realm is a short 40-minute seaplane flight from Malé International Airport, with breath-taking views along the way.

JOALI BEING

-BODUFUSHI-

- OUR PRODUCT -

I indulged at the Aktar, challenged gravity in the Movement Lab and healed in the Sonorium. At day's end, I drifted into slumber, awash with the songs of the sea...



The beating heart of our island is transformational spaces where you can discover experiential **Hydrotherapy Hall** such as sensory deprivation room, water therapies, **Russian banya** and many more, 24 thoughtfully designed treatment rooms and our herbology boutique **Aktar**, which is inspired by the effervescence of spice markets.

Resonate in the **healing harmonics** of our **Sonorium and Discovery Sound Path**, and flow with the soothing vibes of swaying palms and cascading waves in our meditative spaces. Our dynamic **Movement Lab** injects fresh energy into workouts, complete with a fully equipped fitness centre, **pilates studio, yoga barn** and flexible training areas. Have an intensive diagnostic session with our intuitive **D-Wall**, or rejuvenate with signature treatments. The choice is entirely up to you.

JOALI BEING

-BODUFUSHI-

- TRANSFORMATIONAL SPACES -



Areka (Reception&Consultation)

Aktar (Herbology)

Sonorium(The Sound Therapy)

The Discovery Sound Path

Treatment Rooms

Movement Lab

Hydrotherapy Hall

Over The Sea Movement & Meditation Deck

Learning Center



JOALI BEING

-BODUFUSHI-



- OUR CUISINE -

*I sipped, savoured and nourished myself at B'Well.
I chased sunsets and moonbeams at Mojo.*

Immerse in the vibrancy and rhythm of our interactive dining spaces and three signature kitchens in **FLOW** restaurant. **Plantae** offers nourishing vegetarian fare, **Su** serves ocean-to-table pescatarian cuisine and **B'Well** features the signature **JOALI BEING** menu. For gourmands, we provide personalised nutritionist sessions and co-created menus. Don't miss out on our Culinary Learning Centre and **Tea Lounge "SAI"**. For sunset seekers and stargazers, there is **Mojo** – our tropical beach sanctuary.

JOALI BEING

- BODUFUSHI -

- JOALI BEING NATURE IMMERSIVE PROGRAMMES -

Bespoke programmes specifically crafted after an initial consultation and monitored throughout the guest stay and after departure.

Our immersive programmes focus on rebalancing the natural state of health and happiness through the four pillars of wellbeing.

**Our nature immersive
programmes can be tailored to:**

- * Well-Aging
- * Strength & Vitality
- * Mental Clarity And Wellbeing
- * Hormonal Balance
- * Digestive & Weight Rebalance
- * Women's Health
- * Restorative Sleeping
- * Movement & Alignment
- * Immunity & Tranquility

JOALI BEING

-BODUFUSHI-

- COLLABORATORS | CONSULTANTS -



Dr. Gerry Bodecker
Consultant

Recognised as a Worldwide Wellness Expert.
Main contributor to the development of the new
paradigm of the Four Pillars of Wellness...

JOALI BEING

-BODUFUSHI-

- COLLABORATORS | CONSULTANTS -



Founded in 2002 on a quest to find the sweet spot between innovation, luxury and profitability, SPA STRATEGY has since developed into one of the most sought-after international consultancies in its field. Nurtured by industry visionaries Richard Dusseau and Elaine Fenard, the company's success was founded on sound principles: building a deep understanding of client and guest, and always involving 'the right people'. The core team they assembled works together to this day under the leadership of Claire Way: a consortium of talent committed to upholding a proud legacy. *Four Seasons/Jumeriah/Marriott*



JOALI BEING

-BODUFUSHI-

- COLLABORATORS | CONSULTANTS -



Aurelio Svaram
Svaram

Internationally recognized as a Sound Healing Visionary and researcher,
main consultant in the development of the unique outdoor interactive
healing sound installation and Sonorium Treatment room...



JOALI BEING

-BODUFUSHI-

- COLLABORATORS | CONSULTANTS -



Meltem Kurstan
Herba Farm Academy

Herbafarm Academy was founded by Pharmacist Meltem Kurtsan on a beautiful land in Bodrum, in 2015. In two separate locations, hosting more than 30 workshops per year, HerbaFarm Academy trains more than 400 people every year in natural health sciences, such as Aromatherapy, phytotherapy, natural cosmetics, Homeopathy, medicinal and aromatic herbs cultivation, Ayurveda.

HerbaFarm Academy is a NAHA Approved Aromatherapy School, hosting three "Level 1" in-class trainings annually.



JOALI BEING

- BODUFUSHI -



*floating in a place
with no gravity*

JOALI BEING

-BODUFUSHI-

JOALI BEING

- BODUFUSHI -

JOALI BEING
Bodufushi Maldives
Joalibeing.com