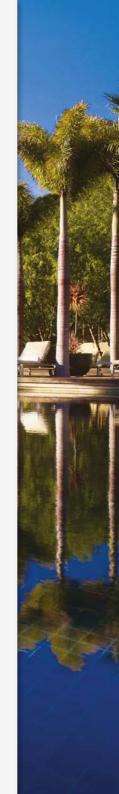
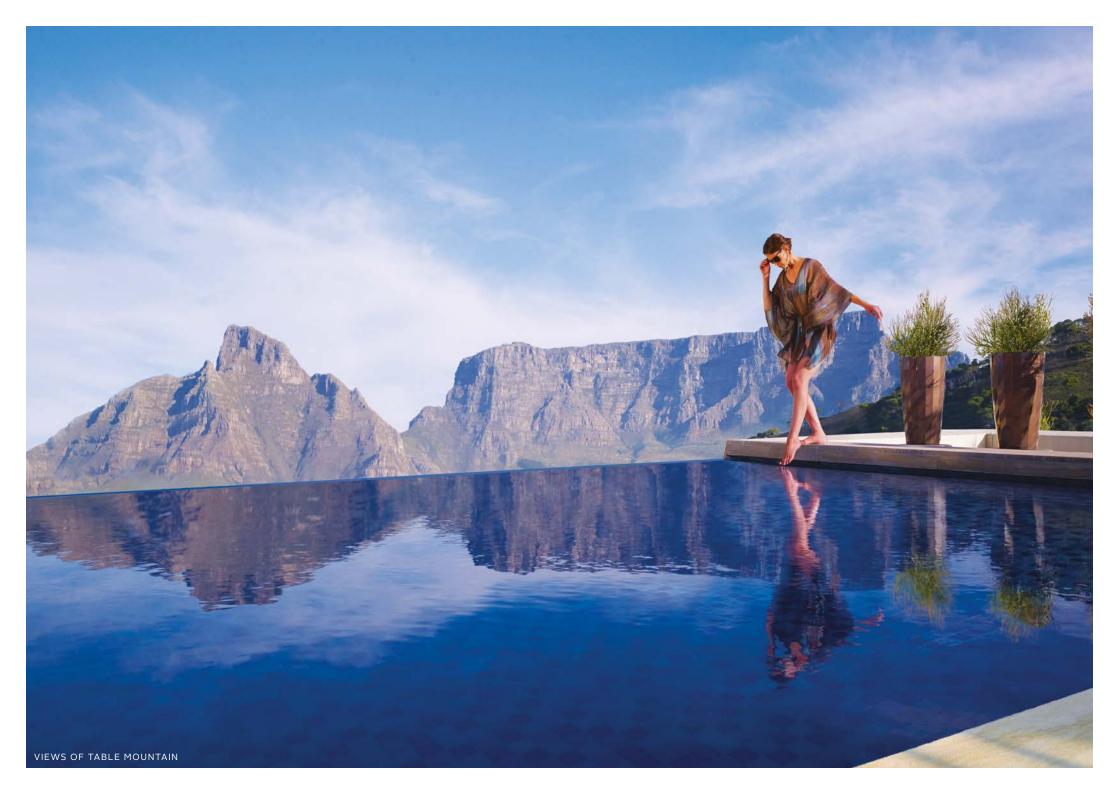


One&Only

CAPE TOWN
South Africa







LOOK

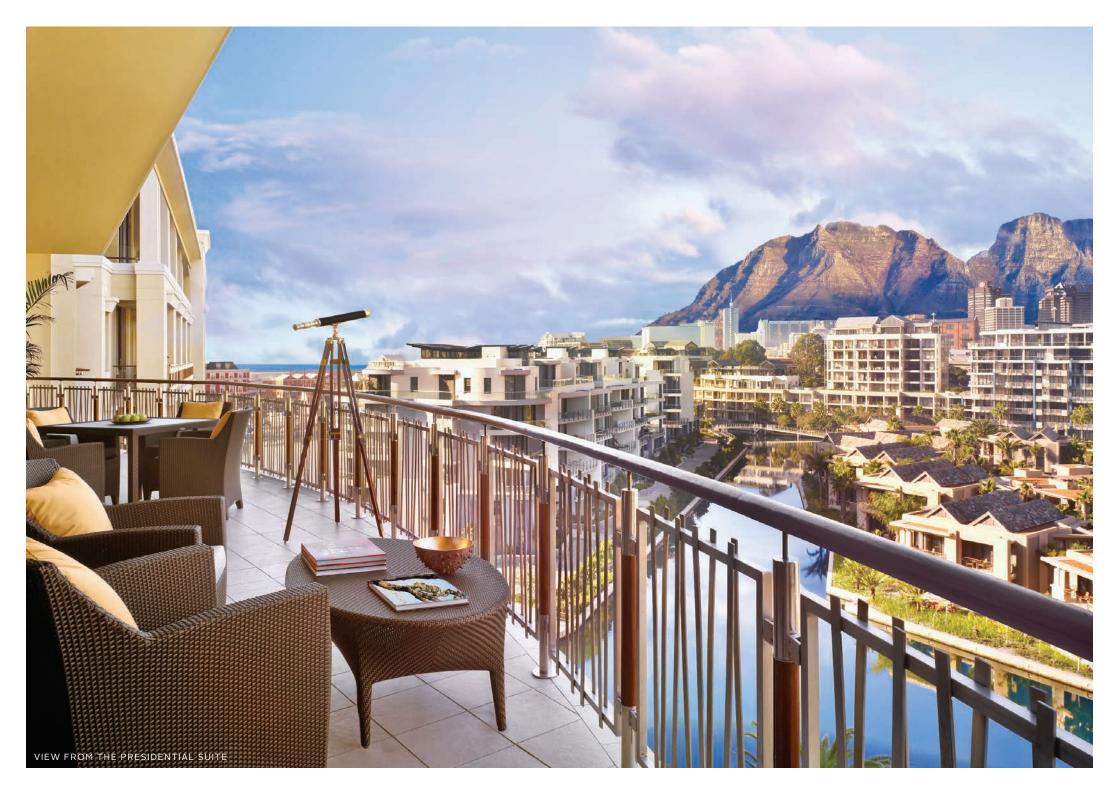


A world wonder

Let your gaze sweep across one of the most diverse panoramas on earth. A natural amphitheatre edged by dramatic cliffs, crowned with the stark majesty of Table Mountain, meeting point for crystal clear seas of two great oceans and a uniquely vibrant, multicultural city. Set in the pulsing heart of the city, at the Victoria & Alfred Waterfront, welcome to One&Only Cape Town.













LIVE IN A PAN ORA MA

With a view for every mood

Choose the elegant sanctuary of a secluded island bolthole by marina waters or wake to the uninterrupted vista of Table Mountain, a UNESCO World Heritage site, bathed in golden morning light. Whatever your preference, immerse yourself in endless views from the expansive terraces, balconies and glass walls of the city's most generously proportioned rooms, finished with original artworks by local artists.







A MYRIAD OF FLAVOURS

And epic breakfasts

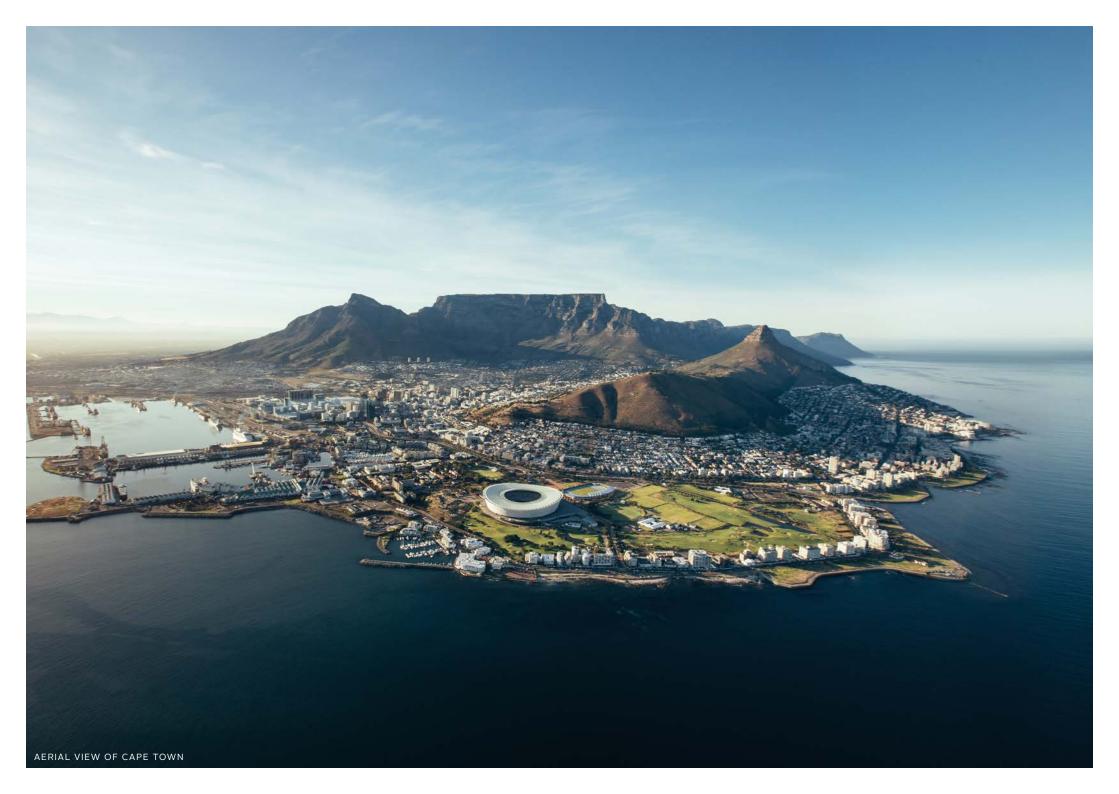
A confluence of remarkable history, geography and culture offers abundant produce from land and sea. Experience the continent's only outpost of Michelin-starred Nobu, as it fuses Japanese cuisine with South African flavours. Dine poolside at Isola or at Reuben's where ancient spice routes and artisanal ingredients meet. And sample the finest of the region's vineyards from 5,000 bottles in our spectacular Wine Loft.











OUT WARD BOUND

From clear heights to hidden depths

Perfect your technique on world-class surf alongside native penguins, or practice your swing on the renowned Pearl Valley Golf Estate. Explore the bio-diverse paradise of Table Mountain, a climber's nirvana. Whale watching is unrivalled while shark cage diving will satisfy ardent thrill-seekers. Memorable tours take in the region's wineland towns. And on quieter days, Waterfront shops and bars await.



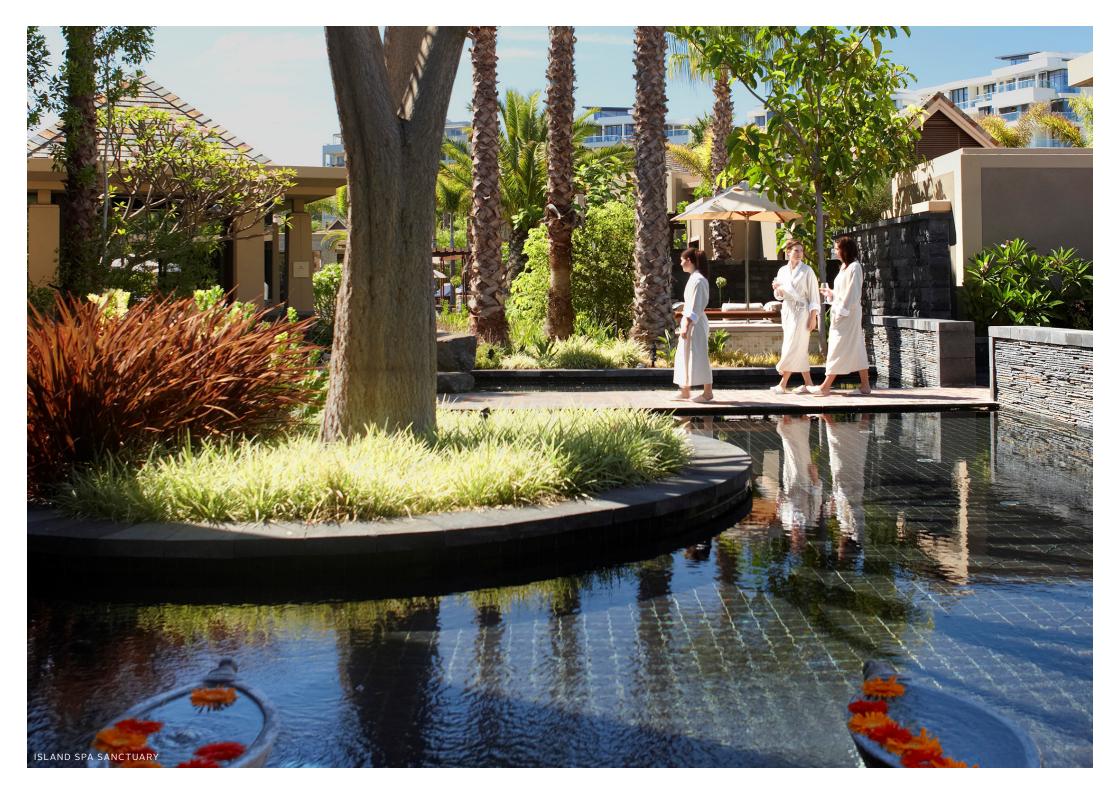












ISLAND SANCTUARY

Tread lightly as you leave

In the lush serenity of our private island dedicated to wellbeing, surrender to the therapist's art of absolute rejuvenation and float away. Every indulgent ESPA treatment is tailored to individual needs, harnessing the power of nature's most potent ingredients to unwind, restore and beautify body, mind and beyond. For perfect hands and feet, treat them with a range of manicures and pedicures to suit everyone's needs.



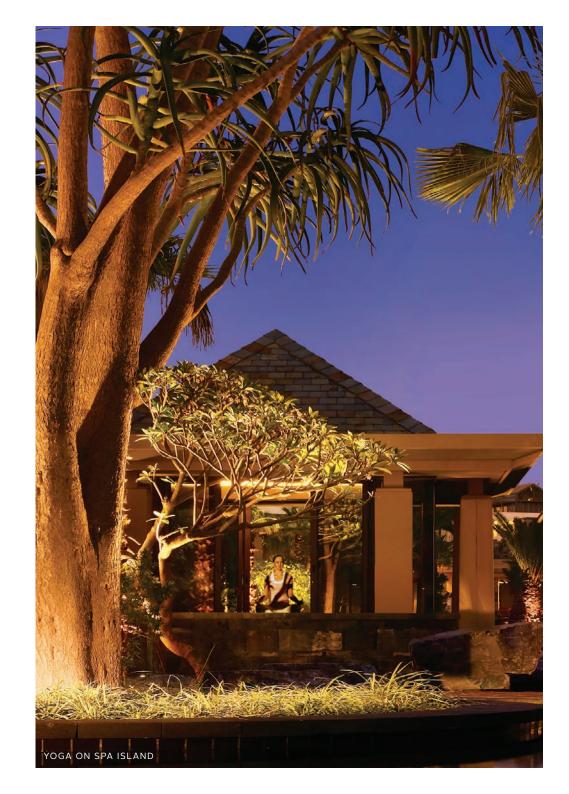




NEW LIMITS

Exceed your expectations

Rise to the challenge of new goals under the guidance of your personal trainer. Head to the yoga pavilion for deeper intensity of stretch and tone. Lap the pristine infinity pool. Join bootcamp, practice acrobatics, train in our Technogym® or the privacy of your room or suite. Our healthy, delicious menus are custom-designed to support you in every endeavor.



BIG ADVENTURES FOR SMALLER GUESTS

There's no such thing as ordinary

Eye-to-eye with eagles, close-up with cheetahs, mingling with penguins - let the adventures begin. Supervised close encounters bring children into the midst of nature and beyond with tailored activities and trips. For teens that venture beyond gaming, there is steel track cool running tobogganing, dune sand-boarding, karting, rock climbing, bowling and big screen movies at the Waterfront.







WORLD OF

MD ER

Where Oceans Meet

Whatever the event, a day or evening framed with shimmering horizons, epic mountains, sparkling marinas and a vibrant waterfront will always be memorable. Celebrate in grand ballrooms, on starlit dance-floors, tropical islands, a private yacht, under lofty palms and in poolside bars. Each space a stunning backdrop to vows of love, family parties, exciting launches, key meetings and grand gestures.





One & Only

From the heart of pulsating, cosmopolitan cities, to the planet's most remote and untouched destinations, discover havens of unsurpassed comfort and style where every fascination is curated just for you.



 $one and only {\it resorts.com}$

Discover our unique One&Only destinations

- 2 CONCIERGE
- 3 REUBEN'S RESTAURANT
- 4 NOBU RESTAURANT
- 5 VISTA BAR & LOUNGE
- 6 BUSINESS CENTRE
- 7 CONFERENCE FACILITIES
- 8 NEO AND GIFT BOUTIQUE
- 9 KIDSONLY CLUB

MARINA RISE - FIRST FLOOR

- 10 FITNESS CENTRE
- 11 THE GALLERY

SPA ISLAND

- 12 ONE&ONLY SPA
- 13 YOGA PAVILION
- 14 SPA GARDEN PAVILION

MAIN ISLAND

15-25 ISLAND ROOMS AND SUITES

26 ISOLA RESTAURANT

ADDITIONAL INFORMATION

27 HOP-ON HOP-OFF FERRY POINT 28 UNDERGROUND PARKING

HARBOUR







27







"THIS CAPE IS THE MOST STATELY THING AND THE FAIREST CAPE WE SAW IN THE WHOLE CIRCUMFERENCE OF THE EARTH."

SIR FRANCIS DRAKE, CIRCA 1580



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