

LA RESIDENCE

SPA MENU

BODY THERAPY

Back, Neck and Shoulder Massage R450 | R600
(30 minutes / 60 minutes)
Helps to relieve tension in the head, upper back, lower back and shoulders.

Aromatherapy Massage R700 | R850
(60 minutes / 90 minutes)
A blend of the finest essential oils is used to bring balance to body, mind and spirit.

Swedish Body Massage R600 | R800
(60 minutes / 90 minutes)
This classic European-style massage eases tense muscles. Medium pressure for ultimate relaxation.

Deep Tissue Massage R700 | R900
(60 minutes / 90 minutes)
Relieves tension by focusing on deep muscle pressure points and nodules to relieve muscle tissue.

Hot Stone Therapy Massage R650 | R850
(60 minutes / 90 minutes)
Deeply relaxing. The penetrating heat of the volcanic stones allows intense muscle manipulation for a healing massage.

Candle Light Massage R700 | R900
(60 minutes/90 minutes)
A soyabean oil based massage candle induces a warm and sensory experience that will delicately nourish the skin.

Indian Head Massage R400
(30 minutes)
Deeply relaxing massage of the décolleté, shoulders, face and head to restore balance and harmony by working on the three higher chakras.

Signature Calabash Foot Treatment R400
(30 minutes)
Our signature foot treatment that soothes tired, aching feet with authentic, sun-baked Kalahari calabashes and indulgent aromatic fragrances.

Desert Glow R350
(30 minutes)
Buff away dry dull skin to unveil lustrously smooth skin with a personalised blend of Kalahari exfoliation materials and a hydrating blend of nourishing botanical oils.

Desert Glow Journey R1 000
(120 minutes)
Unveil lustrously smooth skin with a personalised blend of Kalahari exfoliation materials and a hydrating blend of nourishing botanical oils. Followed by a unique mineral and botanical based body mask and a full body massage.

Rolling Sands R600
(60 minutes)
Body exfoliation to remove dead skin cells followed by a clay mask. Balances and purifies the skin from within leaving it soft and radiant.

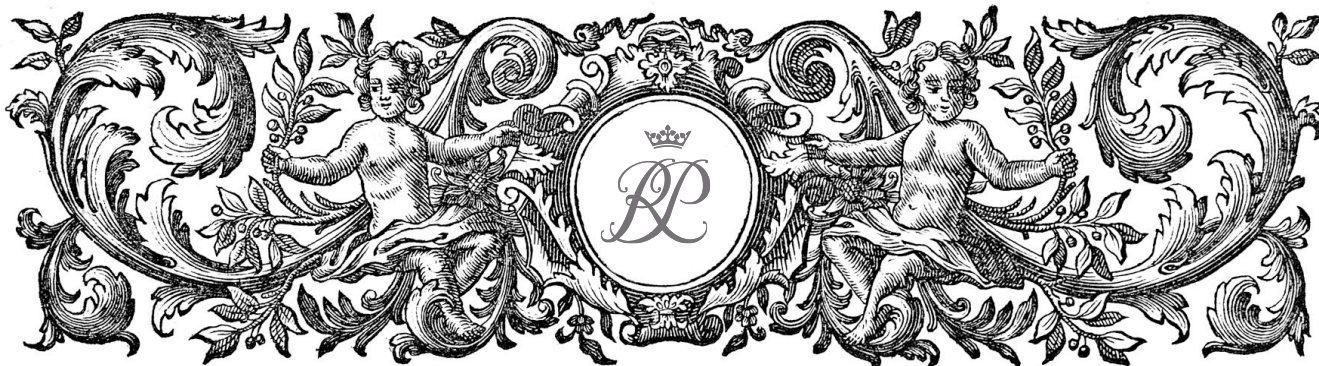
Kalahari Cocoon Treatment R950
(90 minutes)
An invigorating body exfoliation ritual. End the treatment with an uplifting massage. Revitalizing agents will leave your skin feeling relaxed and pampered.

THE ROYAL PORTFOLIO
ROYAL MALEWANE · BIRKENHEAD HOUSE · LA RESIDENCE · THE SILO · PRIVATE RESIDENCES

La Residence, Elandskloof Private Road, Elandskloof Farm Franschhoek, 7690, South Africa
+27 21 876 4100 · info@laresidence.co.za

Central Reservations: +27 21 671 5502 · reservations@trp.travel

www.theroyalportfolio.com



SPA PACKAGES

Healing Therapy R950
(90 minutes)

- 45 minutes deep cleansing facial – balances and purifies congested and oily skin.
- 45 minutes back, neck & shoulder massage using our signature Khoi-Khoi oils.

Winelands Experience R1 000
(90 minutes)

- 30 minutes express facial – cleanse, tone, exfoliate and moisturise.
- 30 minutes Desert Glow treatment
- 30 minutes back, neck & shoulder massage using our signature Kalahari oils.

FACIAL TREATMENTS

Aromaplastie Facial R800 | R950
(60 minutes | 90 minutes)

A multi-vitamin treatment with a delicious and surprising texture which encourages emolieny and nutrition of tissues, and brings protein and vitamins to all skin types. The facial includes a 12 minute back massage and a hand massage.

Kalahari Honey Bush Facial R650
(60 minutes)

Sink into a deep relaxation with our unique Kalahari facial that revitalises dull and dehydrated skin. The skin will be left silky smooth and deeply moisturised.

HAND, FOOT AND NAIL TREATMENTS

Manicure R400
(60 minutes)

Includes cut, file, buff, cuticle work and varnish with a hand and arm scrub and massage.

Manicure R250
(30 minutes)
Includes cut, file, cuticle work and varnish.

Pedicure R475
(60 minutes)
Includes cut, file, buff, cuticle work and varnish with a leg and foot scrub and massage.

Pedicure R265
(30 minutes)
Includes cut, file, cuticle work and varnish.

WAXING

Lip/Chin/Brow wax R100

Underarm wax R130

Bikini/Half arm wax R180

Half Leg/Full arm/Full Chest wax R200

Full Leg/Back/Chest wax R250

TINTING

Eyelash/Eyebrow Tint R100

Eyelash, Eyebrow Tint and Shape R200

We are looking forward to welcoming you to our treatment room during your stay at La Residence. Please use the robe & slippers provided in your room and we recommend that you pre book your treatments to ensure that you enjoy a relaxing treatment with one of our therapists. Please communicate health conditions such as high blood pressure, allergies, pregnancy or any health related concerns you have when making your appointment.

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